

# WHEELCHAIR CPR

Ensure the safety of everyone  
Call the ambulance on Triple Zero (000)

## DANGER

Check for hazards - ensure safety

## RESPONSE

Try to get a response

## SEND FOR HELP

Ambulance & assistance

## AIRWAY

Open with head tilt/chin lift

## BREATHING

Look, listen and feel

### Signs & Symptoms

Cannot be woken.  
No purposeful response.  
Not breathing normally or at all.

There may be methods other than these.

Avoiding injury to the casualty and the first aider is the priority.

Try not to bang the casualty's head.

Only do CPR in the chair if it has a hard back.

*May not be suitable for motorised wheelchairs.*

*Do not do this in a plastic chair.*

## Prepare a casualty in a wheelchair for CPR

Use good manual handling techniques. Do not attempt if beyond your strength capabilities.

**MAKE ROOM BEHIND THE CHAIR - APPLY THE BRAKES - REMOVE ACCESSORIES**  
(armrests, anti-tip devices, food tray etc).

### One first aider

**If possible, secure the casualty to the chair**  
(ie around the chest and chair back with a belt)  
**Stand behind the chair**  
**Hold on to the handles**

### Two first aiders

**One on each side of the chair**  
**Kneel down on one knee**  
(with the foot at the rear of the chair on the ground)  
**Place your arm under the casualty's armpit and hold onto the handle**  
**The other hand supports the casualty's head**

### More than two first aiders

If several people can help:  
**Make room on the floor**  
**Carefully lift the casualty from the wheelchair**  
**Place on his/her back on the ground**

**LOWER THE CHAIR BACKWARDS TO THE GROUND**

**REMOVE FROM THE CHAIR**  
Support under armpits, pull/slide out of the chair onto the ground

**START CPR**