

ANAPHYLAXIS

Ensure the safety of everyone
Call the ambulance on Triple Zero (000)

Severe Allergic Reaction

All child care centres and schools should have general use auto-injectors on hand and ready for use.

Signs & Symptoms

any or all of the following

- Difficult / noisy breathing
- Wheeze or persistent cough
- Swelling of face and tongue
- Swelling/tightness in throat
- Persistent dizziness/loss of consciousness/collapse
- Difficulty talking
- Hoarse voice
- Pale and floppy (in young children)
- Abdominal pain and vomiting
- Hives, welts, body redness
- Signs of envenomation (insect sting)

EpiPen Jr® (Green)

recommended for children between 10-20kg

EpiPen® (Yellow)

recommended for adults and children over 20kg



This 3 step diagram provides information on how to use an EpiPen® autoinjector (available in adult and junior sizes).

There may be other brands available.

Please make sure to follow the instructions for the autoinjector you are using.

For more information visit:
www.allergy.org.au
www.resus.org.au

Adrenaline Autoinjector

If available, consult the action plan. Lay the casualty flat.

DO NOT touch the needle

Form a fist around EpiPen®
PULL OFF THE BLUE SAFETY RELEASE

PLACE THE ORANGE END
against outer mid-thigh
(with or without clothing)

PUSH DOWN HARD
until a click is heard or felt
and hold in place for
3 seconds
Remove the EpiPen®

