

# SEIZURE

Ensure the safety of everyone  
Call the ambulance on Triple Zero (000)

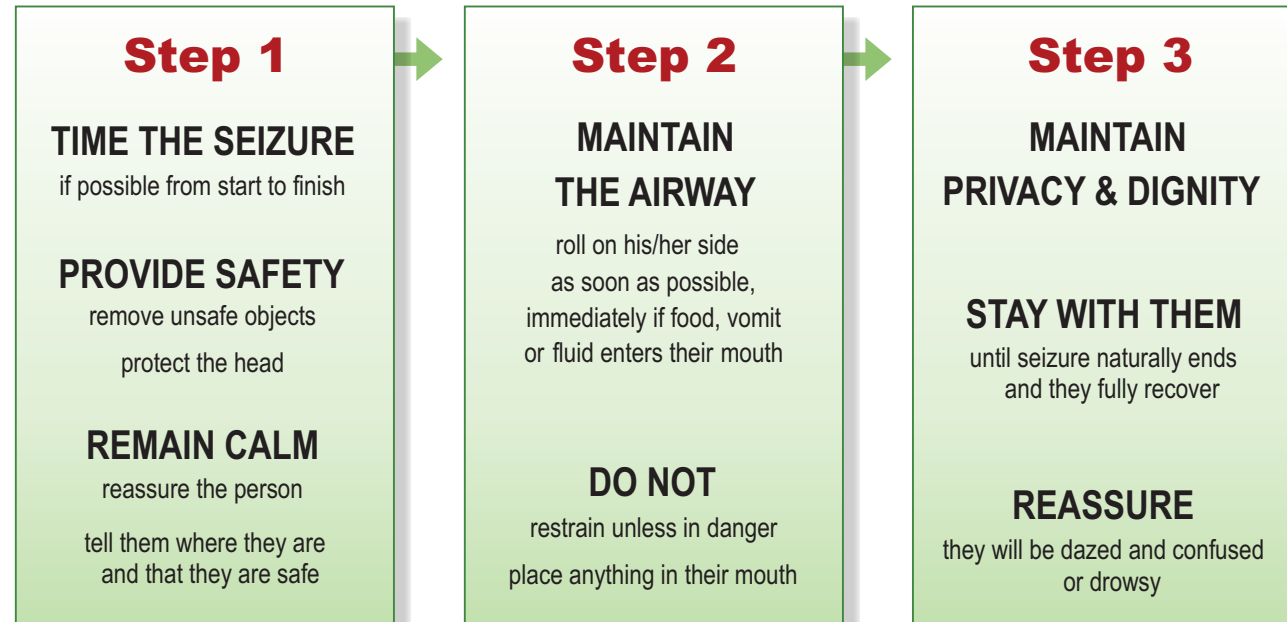
## Signs and Symptoms

Any or all of the following:

- Altered awareness
- Spasm and rigid muscles
- Collapse
- Jerking movements of head, arms and legs
- Shallow or intermittent breathing
- Lips or complexion may change colour
- Change in or loss of consciousness
- Noisy breathing, dribbling
- Faeces or urinary incontinence

**\*Febrile convulsions are usually associated with a high fever in young children**

Consult the person's Medical Management Plan as soon as possible, if they have one.



\*For further information consult Australian Resuscitation Council guidelines or your local epilepsy organisation or go to [www.epilepsy.org.au](http://www.epilepsy.org.au)

## Call an ambulance if .....

**Call 000 if the seizure:**

- lasts more than 5 minutes
- is quickly followed by a second seizure

**Call 000 if the casualty:**

- is unresponsive more than 5 minutes after the seizure
- goes blue in the face
- is pregnant or is injured

**Call 000 if you:**

- think it is their first ever seizure
- are concerned about their condition
- are uncomfortable treating them